



# National Flight Academy

## *AMBITION* CVT-11

### AXP Packing List

Clearly label everything with at least the attendee's first and last names. We recommend packing items in a suitcase or duffle bag that is easy for the attendee to manage. Please remember that attendees will be responsible for carrying their luggage to the third floor, so pack lightly. All luggage must be tagged with the attendee's name. Bed linens, pillows, towels, and washcloths will be provided in the staterooms upon arrival.

#### **PACKING CHECKLIST**

Prescription and over-the-counter medications (e.g., vitamins, Tylenol, etc.) will be collected and dispensed by the nursing staff for all programs and must be in the original dispensed container with the prescription information shown in a sealed, plastic zip lock bag. Review the list below for suggested items.

- Personal electronic devices (PED), such as cell phone, smartphone, etc. to be used for travel purposes and to contact family in case of emergency
- Jackets/Sweaters, as *AMBITION* is kept quite cold
- Spending money for vending machines and souvenirs (\$50.00 is recommended)
  - The Museum Flight Deck Store ONLY accepts credit, debit, and prepaid credit cards.
- Lock is required for personal stateroom locker (see pages 12-13)
- Toothbrush and toothpaste
- Disposable shaving razor
- Bath soap
- Deodorant
- Shampoo and conditioner
- Hairbrush or comb
- Shower shoes



- Hair dryer
- Other personal hygiene items, as needed
- Sleepwear
- Underwear and undergarments
- Casual clothing for however many days your chosen program lasts
  - Pants
  - Shorts
  - Shirts
  - Dresses
  - Blouses
  - Skirts
- Socks and shoes (appropriate sneakers/closed-toe shoes required; open-toe or open-heel shoes permitted for shower use only)
- Bag for dirty laundry
- Personal pillow or blanket optional; linens and pillows are provided
- Ready-to-eat snacks (NO snacks with nuts or nut butter – *AMBITION* is a nut-free facility)

### **PROHIBITED ITEMS**

The following listed items are strictly prohibited at NFA. Please keep in mind it is impossible to list every conceivable item and we ask attendees and their parent(s)/guardian(s) to exercise good judgment when packing for your stay at NFA. Any items found by the NFA staff that are deemed inappropriate or illegal will be confiscated and may be subject to disciplinary action. Items may be returned to parent(s)/guardian(s) at the time of luggage inspection during check-in or be held by staff in a secure location and returned to the attendee at the completion of the program.

- ♣ Snacks containing nuts or nut butter
- ♣ Gum
- ♣ Any sharp object that can be used as a weapon (knives, pocketknives, box cutters, scissors, etc.)
- ♣ Sporting goods (baseball bats, bows, arrows, pool cues, martial arts, self-defense items, skateboards, etc.)
- ♣ Musical instruments (guitars, violins, clarinets, etc.)



- ♣ Guns and firearms (pistols, rifles, BB guns, starter pistols, toy guns and replicas, ammunition, gun powder, etc.)
- ♣ Tools of any kind (excluding those needed for adjustments to medical equipment)
- ♣ Explosive and flammable materials and disabling chemicals
- ♣ Pets of any kind, excluding previously approved service animals
- ♣ All contraband materials such as alcoholic beverages, cigarettes, chewing tobacco, pornography, unauthorized drugs, items posing a fire hazard (including matches and lighters) and weapons

## **DRESS REQUIREMENTS**

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- ♣ ***Attendees are encouraged to pack/wear coats, jackets, sweaters or other appropriate outer garments due to inclement weather or temperature conditions, including temperature inside***  
***AMBITION***
- ♣ Pants and shorts shall be worn properly fastened so the waistband is not below the top of the hipbone
- ♣ Pant hems shall not be tattered or extend beyond the heel of the shoe. Shorts must be no shorter than 3 inches above the knee
- ♣ Athletic wear with an elastic waist may be worn but must be no shorter than 3 inches above the knee and may not be worn during graduation
- ♣ Jeans are allowed so long as they do not have holes or tears higher than three inches above the knee
- ♣ Skirts, dresses, or shorts must have hemlines or openings that are no shorter than 3 inches above the knee when either sitting or standing
- ♣ Shirts, t-shirts and blouses shall be of appropriate size and length to cover the waistband while sitting and standing
- ♣ Overalls or any bibbed garment may be worn with an appropriate shirt or blouse underneath and all straps and buttons shall be securely fastened
- ♣ Sneakers or other closed-toe and closed-heel footwear will be worn during the instructional portion of the day. Flip-flops, croc's, beach shoes or any other open-toed shoes are not allowed for daily use, but are encouraged for use in the shower



## **PROHIBITED CLOTHING ITEMS**

- ♣ Leggings, jeggings, and tights, or any tight pants shall only be worn under appropriate length shorts, skirts, or skorts and not on their own or to supplement otherwise prohibited pants or shorts
- ♣ Yoga pants, cycling pants, sweatpants, or any active wear or pants that are skintight
- ♣ Clothing exposing the torso or upper thighs such as translucent garments, spaghetti straps, mini-skirts, mini-dresses, halters, backless dresses or shirts, crop tops, tube tops, tank tops, bare midriff outfits, or shirts and blouses tied at the midriff
- ♣ Clothing that promotes inappropriate material, including: sexually suggestive, obscene, offensive or intimidating language or images; clothing or accessories associated with drugs, alcohol, tobacco, gangs or violence
- ♣ Clothing not properly fastened
- ♣ Visible undergarments
- ♣ Accessories and/or clothing that may present potentially dangerous hazards including, but not limited to: excessively large or form-fitting clothing, long necklaces and bracelets, spiked arm bands, spiked necklaces, heavy chains, studded garments or accessories or other objects deemed a possible hazard by the NFA
- ♣ Excessively long t-shirts; the hem of a shirt shall not extend past the wearer's fingertips while standing
- ♣ Clothing or accessories associated with discrimination based on gender, gender identity, age, race, religious creed, color, sexual orientation, marital status, national origin or disability
- ♣ Undergarments worn as outer garments; this includes leggings
- ♣ Clothing that is disruptive to the order and discipline of the NFA
- ♣ Footwear that is deemed hazardous or dangerous to health and safety of others, such as bedroom slippers, flip-flops or sandals
- ♣ Clothing that exposes private body areas including cleavage, groin, buttocks, navel and midriff
- ♣ Garments with rips, holes or fraying beyond ordinary wear and tear as determined by NFA
- ♣ Sunglasses are permitted for off-ship excursions but shall not be worn inside, except for prescription transitional glasses



- ♣ Head coverings/hats will not be permitted inside, except for *AMBITION* ball caps and those worn for religious purposes
- ♣ Other inappropriate or disruptive items as determined by staff

### **DOWNTIME DRESS CODE**

- ♣ Attendees will wear undergarments at all times and may relax in the stateroom in appropriate lounging pants or shorts and a shirt. All undergarments must be covered when in common areas
- ♣ While in the lounge, game room or when transiting to the showers (this includes all areas outside of the attendees' staterooms), appropriate clothing will be worn. No towels will be worn as the only cover up to transit between the staterooms and showers. Shoes must be worn outside of the stateroom, including when transitioning to the showers

### **PERSONAL GROOMING STANDARDS**

- ♣ Personal grooming is the responsibility of the attendee
- ♣ Each attendee must shower daily to ensure hair and skin cleanliness and to prevent body odor
- ♣ Tattoos that can be perceived by staff to be offensive shall be covered up by clothing or bandages and shall remain covered throughout the entire program